



Athletics Merit Badge



Expectations

Read and Review **ALL** requirements prior to the class

Even though a requirement may be identified as one to be done in class, Scouts are still expected to familiarize, review, and prepare for the requirement – BE PREPARED!

Active interaction/participation is expected and mandatory.

Share in your own words – avoid reading your answers.

Pay attention to the action verbs.

Bring proof of completion (even partially completed work)



Things to Remember to Bring

1. Your BSA ID# and /or your Merit Badge Blue Card properly filled out and signed off by your Scout Leader
2. Scout Uniform
3. Notes and Questions from reading the Athletics Merit Badge Pamphlet
4. Supporting documentation or project work pertinent to this merit badge which may also include a Merit Badge Workbook for reference with notes.
5. A positive Scouting focus and attitude

Contact Scoutmaster Bucky



c/o Brian Reiners
5724 Aldrich Avenue South
Minneapolis, Minnesota 55419



ScoutmasterBucky@yahoo.com



612-483-0665





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Requirements Insight

NOTE: If meeting any of the requirements for this merit badge is against the Scout's religious convictions, the requirement does not have to be done if the Scout's parents and the proper religious advisors state in writing that to do so would be against religious convictions. The Scout's parents must also accept full responsibility for anything that might happen because of this exemption.

Requirements	Expectations
1	<p>If you have prepared ahead of time, you will be able to complete this requirement during the class.</p> <ul style="list-style-type: none">While the counselor will facilitate aspects of this requirement during the class, the only way to guarantee the opportunity to complete these requirement components is to come to the class prepared and to actively participate during the class.
2a	<p>Before completing any of the following requirements for this merit badge, Scouts will need to show that they have had a physical exam with their health-care provider using the BSA Health Form. This must be done and dated prior to completing any of requirements 3, 4, or 5.</p> <ul style="list-style-type: none">Proof of this starting date can be shown by having your current or past BSA Health Form with for validation by the merit badge counselor.
2b, 2c, 2d, and 6	<p>If you have prepared ahead of time, you will be able to complete these requirements and requirement options during the class.</p> <ul style="list-style-type: none">Time will be allotted for those Scouts who have prepared to share their work for sign off consideration
3	<p>You must chart and document your training program.</p> <ul style="list-style-type: none">Most counselors will accept a program that you have worked out with your coach or trainer for your selected athletic activity. Utilize this as a starting point to share with the counselor.Be sure to have an accurate and detailed chart and approach.You may find that adjustments to your plan are necessary as you proceed, and these things should be noted when reviewing with the counselor.At the end of your tracking it should be evident the progress you have made and allow for easy completion of this requirement.
4	<p>You will be able to complete this requirement during the class with proper planning and preparation.</p> <ul style="list-style-type: none">Be prepared to discuss, explain, and share your work during the class.
5	<p>It is your responsibility to share with the counselor proof that you have met the expectations of this requirement.</p> <ul style="list-style-type: none">Show, share, and validate to the Counselor that you have practiced or participated in your four selected options, but also show some sort of charting, tracking, or documentation on how you have improved in each, as stated by the requirement. It is not enough to simply say you have done the requirement; show proof.

Merit Badge Workbooks are a tool to aid Scouts with their work preparation. BSA discourages — but does not ban — the use of any merit badge worksheets or workbooks. Merit badge counselors must NEVER require the use of merit badge worksheets or workbooks and may if they choose, refuse to accept them. Scouts shall not be required to use ANY of these to complete a merit badge.