



First Aid Merit Badge Workbook

SCOUTMASTER BUCKY

Scouts participating in a Scoutmaster Bucky merit badge opportunity, whether online or in person, should consider using the First Aid merit badge pamphlet for discovery and knowledge, along with the class preparation pages for clarifications, insights, and expectations.

<https://scoutmasterbucky.com/merit-badges/first-aid/first-aid-pamphlet.pdf>

<https://scoutmasterbucky.com/merit-badges/first-aid/first-aid-cpp.pdf>

REQUIREMENT 1a: Explain the steps necessary to assess and handle a first aid emergency, including a safety evaluation of the scene.

Notes:

REQUIREMENT 1b: Tell how you would obtain emergency medical assistance from your home and from a remote location on a wilderness camping trip.

Notes:



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REQUIREMENT 1c: Demonstrate the precautions you must take to reduce the risk of transmitting an infection between you and the victim while administering first aid, including the safe disposal of used first aid supplies.

Consider using the [First Aid Merit Badge Pamphlet](#) for preparation assistance

This requirement must be reviewed with your merit badge counselor.

BE PREPARED!

REQUIREMENT 1d: Demonstrate evaluation of and management of a patient's airway and breathing.

Consider using the [First Aid Merit Badge Pamphlet](#) for preparation assistance

This requirement must be reviewed with your merit badge counselor.

BE PREPARED!

REQUIREMENT 1e: Demonstrate a thorough examination of an accident victim.

Consider using the [First Aid Merit Badge Pamphlet](#) for preparation assistance

This requirement must be reviewed with your merit badge counselor.

BE PREPARED!

REQUIREMENT 1f: Discuss why shock is an emergency.

Notes:



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REQUIREMENT 1g: Define the term triage.

Notes:

REQUIREMENT 1g: Describe examples of triage situations that you may encounter.

Notes:

REQUIREMENT 2a: Obtain a copy of the Scout Annual Health and Medical Record and discuss the importance of the form including information on immunizations, allergies, medications, health history, and medical examinations to providing first aid at Scouting events.

Notes:



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REQUIREMENT 2b1: Using checklists provided in the First Aid Merit Badge pamphlet or ones approved by your counselor, assemble a personal first-aid kit for hiking and backpacking.

First Aid Merit Badge suggested starting point for First Aid Kit

- | | |
|--|---|
| <input type="checkbox"/> Roller bandage, 2-inch (1) | <input type="checkbox"/> Triangular bandages (4) |
| <input type="checkbox"/> Roller bandage, 1-inch (2) | <input type="checkbox"/> Structural aluminum malleable (SAM®) splint |
| <input type="checkbox"/> Adhesive tape, 1-inch (1 roll) | <input type="checkbox"/> Soap (1 small bar) or alcohol-based hand sanitizing gel (1 travel size bottle) |
| <input type="checkbox"/> Alcohol swabs (24) | <input type="checkbox"/> Heavy-duty scissors (1 pair) |
| <input type="checkbox"/> Assorted adhesive bandages (1 box) | <input type="checkbox"/> Tweezers (1 pair) with a tick removal slot |
| <input type="checkbox"/> Elastic bandages, 3-inch-wide (2) | <input type="checkbox"/> Safety pins (12) |
| <input type="checkbox"/> Sterile gauze pads, 3-by-3-inch (12) | <input type="checkbox"/> Nonlatex disposable gloves (6 pairs) |
| <input type="checkbox"/> Tourniquet | <input type="checkbox"/> Protective goggles/safety glasses (1 pair) |
| <input type="checkbox"/> Moleskin, 3-by-6-inch (4) | <input type="checkbox"/> CPR breathing barrier (1) |
| <input type="checkbox"/> Gel pads for blisters and burns (2 packets) | <input type="checkbox"/> Pencil and paper |
| <input type="checkbox"/> Triple antibiotic ointment (1 tube) | |

REQUIREMENT 2b1: Demonstrate the proper use of each item in your first-aid kit to your counselor.

Be sure to bring your completely assembled first aid kit to share with your merit badge counselor

This requirement must be reviewed with your merit badge counselor.

BE PREPARED!

Notes:

REQUIREMENT 2b2: Using checklists provided in the First Aid Merit Badge pamphlet or ones approved by your counselor, inspect a unit, home, vehicle, or camp first-aid kit with your counselor and discuss your findings.

Consider using the [First Aid Merit Badge Pamphlet](#) for preparation assistance

This requirement must be reviewed with your merit badge counselor.

BE PREPARED!



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REQUIREMENT 3:

Describe the symptoms and signs of, show first aid for, and explain prevention of these wounds:

- | | | |
|--|---------------------|-----------------------------|
| a. Closed wounds such as bruise (contusion) or a hematoma | | |
| b. Superficial, partial thickness, and full thickness thermal (heat) burns or scalds | | |
| c. Chemical Burns | h. Abrasions | m. Bee Stings |
| d. Electrical Burns | i. Blisters | n. Spider Bites |
| e. Sunburn | j. Puncture Wounds | o. Scorpion Sting |
| f. Snow Blindness | k. Rash from Plants | p. Bite from Mammal |
| g. Frost and Ice | l. Bug Bites | q. Bite from Venomous Snake |

Notes:

3A - CLOSED WOUNDS, SUCH AS A BRUISE (CONTUSION) OR A HEMATOMA:

Symptoms and Signs:

Show First Aid For: Consider using the [First Aid Merit Badge Pamphlet](#) for preparation assistance

This requirement must be reviewed with your merit badge counselor.

BE PREPARED!

Prevention:



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3B - SUPERFICIAL, PARTIAL THICKNESS, AND FULL THICKNESS THERMAL (HEAT) BURNS OR SCALDS:

Symptoms and Signs:

Show First Aid For: Consider using the [First Aid Merit Badge Pamphlet](#) for preparation assistance

This requirement must be reviewed with your merit badge counselor.

BE PREPARED!

Prevention:



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3C - CHEMICAL BURNS:

Symptoms and Signs:

Show First Aid For: Consider using the [First Aid Merit Badge Pamphlet](#) for preparation assistance

This requirement must be reviewed with your merit badge counselor.

BE PREPARED!

Prevention:

3D - ELECTRICAL BURNS:

Symptoms and Signs:

Show First Aid For: Consider using the [First Aid Merit Badge Pamphlet](#) for preparation assistance

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Prevention:



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3E - SUNBURN:

Symptoms and Signs:

Show First Aid For: Consider using the [First Aid Merit Badge Pamphlet](#) for preparation assistance

This requirement must be reviewed with your merit badge counselor.

BE PREPARED!

Prevention:

3F - SNOW BLINDNESS:

Symptoms and Signs:

Show First Aid For: Consider using the [First Aid Merit Badge Pamphlet](#) for preparation assistance

This requirement must be reviewed with your merit badge counselor.

BE PREPARED!

Prevention:



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3G - IMMERSION FOOT, FROSTNIP, FROSTBITE, AND ICE BURNS:

Symptoms and Signs:

Show First Aid For: Consider using the [First Aid Merit Badge Pamphlet](#) for preparation assistance

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Prevention:



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31 - BLISTERS ON THE HANDS, FEET, BUTTOCKS, AND SHOULDERS:

Symptoms and Signs:

Show First Aid For: Consider using the [First Aid Merit Badge Pamphlet](#) for preparation assistance

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Prevention:



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3J - PUNCTURE WOUNDS FROM SPLINTERS, ROPE SPLINTERS, NAILS, AND FISH HOOKS:

Symptoms and Signs:

Show First Aid For: Consider using the [First Aid Merit Badge Pamphlet](#) for preparation assistance

This requirement must be reviewed with your merit badge counselor.

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Prevention:



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3H - ABRASIONS, SUCH AS CHAFING AND ROPE BURNS:

Symptoms and Signs:

Show First Aid For: Consider using the [First Aid Merit Badge Pamphlet](#) for preparation assistance

This requirement must be reviewed with your merit badge counselor.

BE PREPARED!

Prevention:

3K - RASH FROM POISONOUS PLANTS:

Symptoms and Signs:

Show First Aid For: Consider using the [First Aid Merit Badge Pamphlet](#) for preparation assistance

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BE PREPARED!

Prevention:



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3L - BUG BITES OF CHIGGERS, TICKS, MOSQUITOES, AND BITING GNATS:

Symptoms and Signs:

Show First Aid For: Consider using the [First Aid Merit Badge Pamphlet](#) for preparation assistance

This requirement must be reviewed with your merit badge counselor.

BE PREPARED!

Prevention:

3M - BEE STINGS:

Symptoms and Signs:

Show First Aid For: Consider using the [First Aid Merit Badge Pamphlet](#) for preparation assistance

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Prevention:



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3N - BITES OF SPIDERS:

Symptoms and Signs:

Show First Aid For: Consider using the [First Aid Merit Badge Pamphlet](#) for preparation assistance

This requirement must be reviewed with your merit badge counselor.

BE PREPARED!

Prevention:

3O - STING OF A SCORPION:

Symptoms and Signs:

Show First Aid For: Consider using the [First Aid Merit Badge Pamphlet](#) for preparation assistance

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Prevention:



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3P - BITE OF A PET OR WILD MAMMAL OR HUMAN:

Symptoms and Signs:

Show First Aid For: Consider using the [First Aid Merit Badge Pamphlet](#) for preparation assistance

This requirement must be reviewed with your merit badge counselor.

BE PREPARED!

Prevention:

3Q - BITE OF A VENOMOUS SNAKE:

Symptoms and Signs:

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Prevention:



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REQUIREMENT 4:

Describe the symptoms and signs of, show first aid for, and explain prevention of these wounds:

- a. A nosebleed
- b. An open wound with mild or moderate bleeding, such as a scratch or a scrape (abrasions), or a shallow cut (laceration).
- c. An open wound with severe bleeding such as a deep cut on an arm or leg.
- d. Explain when it is appropriate and is not appropriate to use one or more tourniquets. List some of the benefits and dangers of using a tourniquet. Demonstrate the application of a tourniquet without tightening it.

4A - A NOSEBLEED:

Symptoms and Signs:

Show First Aid For: Consider using the [First Aid Merit Badge Pamphlet](#) for preparation assistance
This requirement must be reviewed with your merit badge counselor.

BE PREPARED!

Prevention:



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4B - AN OPEN WOUND WITH MILD OR MODERATE BLEEDING, SUCH AS A SCRATCH OR A SCRAPE (ABRASIONS), OR A SHALLOW CUT (LACERATION):

Symptoms and Signs:

Show First Aid For: Consider using the [First Aid Merit Badge Pamphlet](#) for preparation assistance

This requirement must be reviewed with your merit badge counselor.

BE PREPARED!

Prevention:



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4C - AN OPEN WOUND WITH SEVERE BLEEDING SUCH AS A DEEP CUT ON AN ARM OR LEG:

Symptoms and Signs:

Show First Aid For: Consider using the [First Aid Merit Badge Pamphlet](#) for preparation assistance

This requirement must be reviewed with your merit badge counselor.

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Prevention:



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4D - EXPLAIN WHEN IT IS APPROPRIATE AND IS NOT APPROPRIATE TO USE ONE OR MORE TOURNIQUETS. LIST SOME OF THE BENEFITS AND DANGERS OF USING A TOURNIQUET. DEMONSTRATE THE APPLICATION OF A TOURNIQUET WITHOUT TIGHTENING IT:

Symptoms and Signs:

Show First Aid For: Consider using the [First Aid Merit Badge Pamphlet](#) for preparation assistance

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Prevention:



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REQUIREMENT 5:

Describe the symptoms and signs of, show first aid for, and explain prevention of these conditions affecting breathing:

- a. Choking
- b. Asthmatic Attack
- c. Anaphylaxis from an insect bite or sting or from food or product allergy
- d. Inhalation Injuries
- e. Altitude Sickness

5A - CHOKING:

Symptoms and Signs:

Show First Aid For: Consider using the [First Aid Merit Badge Pamphlet](#) for preparation assistance

This requirement must be reviewed with your merit badge counselor.

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Prevention:



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5B - ASTHMATIC ATTACK:

Symptoms and Signs:

Show First Aid For: Consider using the [First Aid Merit Badge Pamphlet](#) for preparation assistance

This requirement must be reviewed with your merit badge counselor.

BE PREPARED!

Prevention:

5C - ANAPHYLAXIS FROM AN INSECT BITE OR STING OR FROM FOOD OR PRODUCT ALLERGY:

Symptoms and Signs:

Show First Aid For: Consider using the [First Aid Merit Badge Pamphlet](#) for preparation assistance

This requirement must be reviewed with your merit badge counselor.

BE PREPARED!

Prevention:



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5D - INHALATION INJURIES:

Symptoms and Signs:

Show First Aid For: Consider using the [First Aid Merit Badge Pamphlet](#) for preparation assistance

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Prevention:

5E - ALTITUDE SICKNESS:

Symptoms and Signs:

Show First Aid For: Consider using the [First Aid Merit Badge Pamphlet](#) for preparation assistance

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Prevention:



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REQUIREMENT 6: Describe the symptoms and signs of, show first aid for, and explain prevention of these conditions causing loss of consciousness:

- | | | |
|--|--------------------------------------|------------|
| a. Fainting | b. Hypoglycemia | c. Seizure |
| d. Drug overdose and alcohol poisoning | e. Underwater hypoxic blackout | |
| f. Cold water shock and drowning | g. Lightning strike & electric shock | |

6A - FAINTING:

Symptoms and Signs:

Show First Aid For: Consider using the [First Aid Merit Badge Pamphlet](#) for preparation assistance

This requirement must be reviewed with your merit badge counselor.

BE PREPARED!

Prevention:

6B - HYPOGLYCEMIA:

Symptoms and Signs:

Show First Aid For: Consider using the [First Aid Merit Badge Pamphlet](#) for preparation assistance

This requirement must be reviewed with your merit badge counselor.

BE PREPARED!

Prevention:



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6C - SEIZURE:

Symptoms and Signs:

Show First Aid For: Consider using the [First Aid Merit Badge Pamphlet](#) for preparation assistance

This requirement must be reviewed with your merit badge counselor.

BE PREPARED!

Prevention:

6D - DRUG OVERDOSE AND ALCOHOL POISONING:

Symptoms and Signs:

Show First Aid For: Consider using the [First Aid Merit Badge Pamphlet](#) for preparation assistance

This requirement must be reviewed with your merit badge counselor.

BE PREPARED!

Prevention:



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6E - UNDERWATER HYPOXIC BLACKOUT:

Symptoms and Signs:

Show First Aid For: Consider using the [First Aid Merit Badge Pamphlet](#) for preparation assistance

This requirement must be reviewed with your merit badge counselor.

BE PREPARED!

Prevention:

6F - COLD WATER SHOCK AND DROWNING:

Symptoms and Signs:

Show First Aid For: Consider using the [First Aid Merit Badge Pamphlet](#) for preparation assistance

This requirement must be reviewed with your merit badge counselor.

BE PREPARED!

Prevention:



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6G - LIGHTNING STRIKE & ELECTRIC SHOCK:

Symptoms and Signs:

Show First Aid For: Consider using the [First Aid Merit Badge Pamphlet](#) for preparation assistance

This requirement must be reviewed with your merit badge counselor.

BE PREPARED!

Prevention:

REQUIREMENT 7a: Explain what a heart attack is.

Notes:

REQUIREMENT 7b: Describe the symptoms and signs of a heart attack and first aid for this condition.

Notes:



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REQUIREMENT 7c: Describe the conditions that must exist before performing CPR on a person.

Notes:

REQUIREMENT 7d: Demonstrate proper CPR technique using a training device approved by your counselor.

Consider using the [First Aid Merit Badge Pamphlet](#) for preparation assistance

This requirement must be reviewed with your merit badge counselor.

BE PREPARED!

REQUIREMENT 7e: Explain the use of an automated external defibrillator (AED).

Notes:

REQUIREMENT 7f: Demonstrate or simulate the proper use of an AED, using an AED training device if available.

Consider using the [First Aid Merit Badge Pamphlet](#) for preparation assistance

This requirement must be reviewed with your merit badge counselor.

BE PREPARED!



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REQUIREMENT 7g: Identify the typical location(s) of one or more AED(s) at public facilities in your community, such as, your school, place of worship, unit meeting place, sports facilities, and/or camp or by using a smart phone app.

Notes:

REQUIREMENT 7g: Discuss the reasons for choosing locations like these.

Notes:

REQUIREMENT 8a: Explain the similarities and differences in a strain, a muscle tear, a tendon rupture, a sprain, a dislocation, a simple fracture, and a compound fracture.

Strain:

Muscle Tear:



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Tendon Rupture:

Sprain:

Dislocation:

Simple Fracture:

Compound Fracture:



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REQUIREMENT 8b: Describe the symptoms and signs of and first aid for a muscle strain, a muscle tear, and a tendon rupture.

8B - MUSCLE STRAIN:

Symptoms and Signs:

Show First Aid For: Consider using the [First Aid Merit Badge Pamphlet](#) for preparation assistance

This requirement must be reviewed with your merit badge counselor.

BE PREPARED!

Prevention:

8B - MUSCLE TEAR:

Symptoms and Signs:

Show First Aid For: Consider using the [First Aid Merit Badge Pamphlet](#) for preparation assistance

This requirement must be reviewed with your merit badge counselor.

BE PREPARED!

Prevention:



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8B - TENDON RUPTURE:

Symptoms and Signs:

Show First Aid For: Consider using the [First Aid Merit Badge Pamphlet](#) for preparation assistance

This requirement must be reviewed with your merit badge counselor.

BE PREPARED!

Prevention:

REQUIREMENT 8c: Describe the symptoms and signs of, and potential complications of, a sprain, a fracture, and a dislocation.

8C - SPRAIN:

Symptoms and Signs:

Potential Complications:



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8C - FRACTURE:

Symptoms and Signs:

Potential Complications:

8C - DISLOCATION:

Symptoms and Signs:

Potential Complications:

REQUIREMENT 8d1: Demonstrate bandages for arm slings for forearm or upper arm or collarbone fractures.

Consider using the [First Aid Merit Badge Pamphlet](#) for preparation assistance

This requirement must be reviewed with your merit badge counselor.

BE PREPARED!



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REQUIREMENT 8d2: Demonstrate bandages for elastic wrap and cravat bandages for ankle sprain.	
Consider using the First Aid Merit Badge Pamphlet for preparation assistance This requirement must be reviewed with your merit badge counselor. BE PREPARED!	
REQUIREMENT 8d3: Demonstrate bandages for elastic wrap and cravat bandages for wrist sprain or hand injury.	
Consider using the First Aid Merit Badge Pamphlet for preparation assistance This requirement must be reviewed with your merit badge counselor. BE PREPARED!	
REQUIREMENT 8e1: Demonstrate the proper procedures for handling and splinting of suspected closed or open fractures or dislocations of the finger and toe.	
Consider using the First Aid Merit Badge Pamphlet for preparation assistance This requirement must be reviewed with your merit badge counselor. BE PREPARED!	
REQUIREMENT 8e2: Demonstrate the proper procedures for handling and splinting suspected closed or open fractures or dislocations of the forearm or wrist.	
Consider using the First Aid Merit Badge Pamphlet for preparation assistance This requirement must be reviewed with your merit badge counselor. BE PREPARED!	
REQUIREMENT 8e3: Demonstrate the proper procedures for handling and splinting suspected closed or open fractures or dislocations of the upper leg.	
Consider using the First Aid Merit Badge Pamphlet for preparation assistance This requirement must be reviewed with your merit badge counselor. BE PREPARED!	
REQUIREMENT 8e4: Demonstrate the proper procedures for handling and splinting of suspected closed or open fractures or dislocations of the lower leg or ankle.	
Consider using the First Aid Merit Badge Pamphlet for preparation assistance This requirement must be reviewed with your merit badge counselor. BE PREPARED!	



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REQUIREMENT 9a: Describe the symptoms and signs of, relationships between, possible complications of, and prevention of head, neck, and back injuries.

Symptoms and Signs:

Relationships Between:

Potential Complications:

Prevention:



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REQUIREMENT 9b: Describe the symptoms and signs of and first aid for a concussion.

Symptoms and Signs:

First Aid For:

REQUIREMENT 9c: Demonstrate first aid for an open head wound with a triangular or other bandage.

Consider using the [First Aid Merit Badge Pamphlet](#) for preparation assistance

This requirement must be reviewed with your merit badge counselor.

BE PREPARED!

REQUIREMENT 9d: Demonstrate first aid for someone with a suspected neck or back injury.

Consider using the [First Aid Merit Badge Pamphlet](#) for preparation assistance

This requirement must be reviewed with your merit badge counselor.

BE PREPARED!

REQUIREMENT 10a: Describe the conditions under which an injured person should and should not be moved.

Notes:



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REQUIREMENT 10b: If a sick or an injured person must be moved, tell how you would decide the best method.

Notes:

REQUIREMENT 10b: Demonstrate if a sick or an injured person must be moved, how you perform the best method.

Consider using the [First Aid Merit Badge Pamphlet](#) for preparation assistance

This requirement must be reviewed with your merit badge counselor.

BE PREPARED!

REQUIREMENT 10c: By yourself and with a partner, demonstrate how to transport a person from a smoke-filled room.

Consider using the [First Aid Merit Badge Pamphlet](#) for preparation assistance

This requirement must be reviewed with your merit badge counselor.

BE PREPARED!

REQUIREMENT 10d: By yourself and with a partner, demonstrate how to transport a person with a sprained ankle for at least 25 yards.

Consider using the [First Aid Merit Badge Pamphlet](#) for preparation assistance

This requirement must be reviewed with your merit badge counselor.

BE PREPARED!

REQUIREMENT 10e: With helpers under your supervision, improvise a stretcher and move a presumably unconscious person for at least 25 yards.

Consider using the [First Aid Merit Badge Pamphlet](#) for preparation assistance

This requirement must be reviewed with your merit badge counselor.

BE PREPARED!



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REQUIREMENT 11: Describe the symptoms and signs of, show first aid for, and explain prevention of these conditions associated with exertion and/or heat or cold exposure:

- a. Dehydration and over-hydration
- b. Heat cramps and muscle pain after exertion
- c. Heat Exhaustion
- d. Heatstroke
- e. Chest Pains associated with cold exposure
- f. Hypothermia

11A - DEHYDRATION AND OVER-HYDRATION:

Symptoms and Signs:

Show First Aid For: Consider using the [First Aid Merit Badge Pamphlet](#) for preparation assistance

This requirement must be reviewed with your merit badge counselor.

BE PREPARED!

Prevention:



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11B - HEAT CRAMPS AND MUSCLE PAIN AFTER EXERTION:

Symptoms and Signs:

Show First Aid For: Consider using the [First Aid Merit Badge Pamphlet](#) for preparation assistance

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BE PREPARED!

Prevention:

11C - HEAT EXHAUSTION:

Symptoms and Signs:

Show First Aid For: Consider using the [First Aid Merit Badge Pamphlet](#) for preparation assistance

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Prevention:



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11D - HEATSTROKE:

Symptoms and Signs:

Show First Aid For: Consider using the [First Aid Merit Badge Pamphlet](#) for preparation assistance

This requirement must be reviewed with your merit badge counselor.

BE PREPARED!

Prevention:

11E - CHEST PAINS ASSOCIATED WITH COLD EXPOSURE:

Symptoms and Signs:

Show First Aid For: Consider using the [First Aid Merit Badge Pamphlet](#) for preparation assistance

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BE PREPARED!

Prevention:



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11F - HYPOTHERMIA:

Symptoms and Signs:

Show First Aid For: Consider using the [First Aid Merit Badge Pamphlet](#) for preparation assistance

This requirement must be reviewed with your merit badge counselor.

BE PREPARED!

Prevention:

REQUIREMENT 12a: Describe reactions associated with at least three stressful situations, such as mountain backpacking, rappelling, a ropes course, speaking before an audience, making a phone call to an adult, taking a swim test, missing home, lighting a match, trying out for a sports team, meeting someone for the first time, or other stressful circumstances.

Stressful Situation #1:



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Stressful Situation #2:

Stressful Situation #3:

REQUIREMENT 12b: Describe the actions that you and others should take to prepare for and manage these situations.

Notes:



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REQUIREMENT 12c: Describe the indications that someone might be a danger to themselves or others.

Notes:

REQUIREMENT 12d: Describe the actions that you should take if you suspect that someone might be a danger to themselves or others.

Notes:



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- REQUIREMENT 13:** Describe the symptoms and signs of, show first aid for, and explain prevention of the following conditions:
- Object in the eye
 - Broken, chipped, loosened, or knocked out tooth
 - Vomiting and diarrhea associated with food poisoning
 - Abdominal pain
 - Stroke

13A - OBJECT IN THE EYE:

Symptoms and Signs:

Show First Aid For: Consider using the [First Aid Merit Badge Pamphlet](#) for preparation assistance

This requirement must be reviewed with your merit badge counselor.

BE PREPARED!

Prevention:



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13B - BROKEN, CHIPPED, LOOSENEED, OR KNOCKED OUT TOOT:

Symptoms and Signs:

Show First Aid For: Consider using the [First Aid Merit Badge Pamphlet](#) for preparation assistance

This requirement must be reviewed with your merit badge counselor.

BE PREPARED!

Prevention:

13C - VOMITING AND DIARRHEA ASSOCIATED WITH FOOD POISONING:

Symptoms and Signs:

Show First Aid For: Consider using the [First Aid Merit Badge Pamphlet](#) for preparation assistance

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13D - ABDOMINAL PAIN:

Symptoms and Signs:

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This requirement must be reviewed with your merit badge counselor.

BE PREPARED!

Prevention:

13E - STROKE:

Symptoms and Signs:

Show First Aid For: Consider using the [First Aid Merit Badge Pamphlet](#) for preparation assistance

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Prevention:



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REQUIREMENT 14: With guidance from your counselor, develop a plan to teach a first-aid skill or topic using the EDGE method. Discuss your skill, topic, and plan with your counselor, and then teach your skill or topic to your family or to one or more Scouts.

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Notes:



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DO ONE OF THE FOLLOWING (15A, 15B, 15C, or 15D) FOR REQUIREMENT 15

REQUIREMENT 15a: Visit an emergency medical station house or training center in person. From the medical first responders that you meet during your visit, learn about how they serve their community and about their careers. Discuss with your counselor what you learned during your tour and interviews.

Place Visited:

Date, Time, and Location of Visit:

Name and Title of the Person you met with:

Notes:



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REQUIREMENT 15b: Interview an emergency medical services professional about their work. Learn about how they chose this career and about their duties. Discuss what you learned with your counselor and whether you might be interested in this career.

Name and Title of the Person you interviewed:

Date, Time, and Location of Interview:

Notes:



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REQUIREMENT 15c: Identify three career opportunities that would use skills and knowledge in emergency medical services.

Career Opportunity #1:

Career Opportunity #2:

Career Opportunity #3:

REQUIREMENT 15c: Pick one and research the training, education, certification requirements, experience, and expenses associated with entering the field.

Selected Career Opportunity:

Training Requirements:

Education Requirements:

Certification Requirements:

Experience Requirements:



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Expense Associated With:

REQUIREMENT 15c: Research the prospects for employment, starting salary, advancement opportunities, and career goals associated with this career.

Prospects for Employment:

Starting Salary:

Advancement Opportunities:

Career Goals:

REQUIREMENT 15c: Discuss what you learned with your counselor and whether you might be interested in this career.

Notes:



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REQUIREMENT 15d: Identify how you might use the skills and knowledge in the field of emergency medical services to pursue a personal hobby and/or healthy lifestyle.

Notes:

REQUIREMENT 15d: Research the additional training required, expenses, and affiliation with organizations that would help you maximize the enjoyment and benefit you might gain from it.

Additional Training:

Expenses:

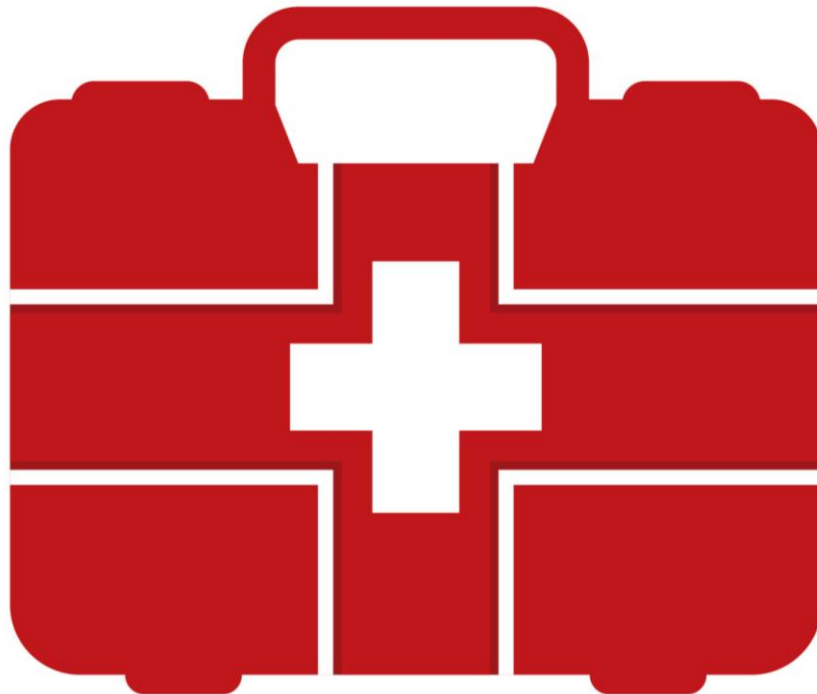
Affiliation with Organizations:



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REQUIREMENT 15d: Discuss what you learned with your counselor and share what short-term and long-term goals you might have if you pursued this.

Notes:



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