



## SCUBA Diving Merit Badge Workbook

# SCOUTMASTER BUCKY

Scouts participating in a Scoutmaster Bucky merit badge opportunity, whether online or in person, should consider using the SCUBA Diving merit badge pamphlet for discovery and knowledge, along with the class preparation pages for clarifications, insights, and expectations.

<https://scoutmasterbucky.com/merit-badges/scuba-diving/scuba-diving-pamphlet.pdf>

<https://scoutmasterbucky.com/merit-badges/scuba-diving/scuba-diving-cpp.pdf>

**REQUIREMENT 1a:** Show that you know first aid for injuries or illnesses that could occur while scuba diving, including hypothermia, hyperventilation, squeezes, decompression illness, nitrogen narcosis, motion sickness, fatigue, overexertion, heat reactions, dehydration, injuries by aquatic life, and cuts and scrapes.

### HYPOTHERMIA:

Prevention:

Symptoms:

Treatment:

### HYPERVENTILATION:

Prevention:

Symptoms:

Treatment:



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### SQUEEZES:

Prevention:

Symptoms:

Treatment:

### DECOMPRESSION ILLNESS:

Prevention:

Symptoms:

Treatment:



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### NITROGEN NARCOSIS:

Prevention:

Symptoms:

Treatment:

### MOTION SICKNESS:

Prevention:

Symptoms:

Treatment:



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### FATIGUE:

Prevention:

Symptoms:

Treatment:

### OVEREXERTION:

Prevention:

Symptoms:

Treatment:



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## SCOUTMASTER BUCKY

### HEAT REACTIONS:

Prevention:

Symptoms:

Treatment:

### DEHYDRATION:

Prevention:

Symptoms:

Treatment:



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## SCOUTMASTER BUCKY

### INJURIES BY AQUATIC LIFE:

Prevention:

Symptoms:

Treatment:

### CUTS AND SCRAPES:

Prevention:

Symptoms:

Treatment:



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**REQUIREMENT 1b:** Identify the conditions that must exist before performing CPR on a person, and explain how to recognize such conditions.

Notes:

**REQUIREMENT 1b:** Demonstrate the proper technique for performing CPR using a training device approved by your counselor.

Consider using the [SCUBA Diving Merit Badge Pamphlet](#) for preparation information

**This requirement must be reviewed with your merit badge counselor.**

**BE PREPARED!**

**REQUIREMENT 2:** Before completing requirements 3 through 6, earn the Swimming merit badge.



Notes:

**REQUIREMENT 3:** Discuss the Scuba Diver's Code with your counselor, and explain the importance of each guideline to a scuba diver's safety.

### The Scuba Diver's Code A Scout

- Maintains good mental and physical fitness for scuba diving.
- Keeps dive skills sharp through continuing education.
- Seeks professional orientation prior to diving at unfamiliar dive locations.
- Seeks training prior to attempting specialized types of diving—such as night diving, cavern and cave diving, wreck diving, and deep diving.
- Adheres to the buddy system throughout every dive.
- Uses and is familiar with complete, well-maintained, and reliable equipment.
- Always dives no deeper than the recommended depth for his or her certification level, experience and Scouting America age requirement.
- Always follows the time limits listed by special dive tables or a dive computer for a particular depth.
- Is a S.A.F.E. diver—**S**lowly **A**scends **F**rom **E**very dive—and makes a safety stop at 15 feet for three minutes at the end of each dive prior to surfacing.
- Breathes properly while diving, never holding a breath or skipping breathing.
- Knows and obeys local diving laws and regulations, including fish and game laws and dive-flag laws.
- Understands and respects aquatic life, considers how human interactions affect it, and dives carefully to protect fragile aquatic ecosystems.



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Notes:

**REQUIREMENT 4:** Earn an Open Water Diver Certification from a scuba organization recognized by the Scouting America scuba policy.

Be sure to bring your certification document to share with your merit badge counselor

**This requirement must be reviewed with your merit badge counselor.**

**BE PREPARED!**

**REQUIREMENT 5:** Explain what an ecosystem is

Notes:





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**REQUIREMENT 5:** Describe four aquatic ecosystems a diver might experience.

Aquatic Ecosystem #1:

Aquatic Ecosystem #2:

Aquatic Ecosystem #3:

Aquatic Ecosystem #4:



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**REQUIREMENT 6:** Find out about three career opportunities in the scuba industry.

Career Opportunity #1:

Career Opportunity #2:

Career Opportunity #3:

**REQUIREMENT 6:** Pick one and find out the education, training, and experience required for this profession. Discuss this with your counselor.

Selected Career Opportunity:

Education Requirements:

Training Requirements:

Experience Requirements:

**REQUIREMENT 6:** Explain why this profession might interest you.

Notes: